

Follow the instructions carefully and use the photos as an aid. We urge you to repeat and double check all measures. All measurements must be measured in centimetres with a soft ruler tape. Take the measurements with the help of a second person and Record on Tables at bottom of document. The measuring tape should have one finger of slack (finger between tape and body part) when recording circumference measures. Do not add extra slack to any measures unless instructed. The measurements in below pictures (white text) are the measurements of our model and should give a reference. For consistent Navel height around waist, tie a shoelace/ belt or draw a straight line around waist at navel height. If you have nothing to use, you can set your pants waistband at navel height just make sure the waistband is straight and doesn't fall down). First Measurement: Height- Size in CM (from base of neck at BACK to 5 cm above centre of ankle bone - check Point 19 for instructions on where to measure to above ankle bone)


Measure around the FULLEST part of the chest while holding the tape HIGH under the armpits. Do NOT pull tape tight against body \& be sure that tape does not fall down on the back. Measure with AND without back protector and record both in table at bottom of document.
1.

Chest $=92 \mathrm{~cm}$
Chest with Back Protector $=97 \mathrm{~cm}$


Measure the neck when turned to the left with 2 fingers slack: Hold tape around neck, then turn head to the left before taking the measurement. Make sure to have TWO fingers between tape and neck


Info: The belly button (Navel) forms the waist for all following measurements


Find the top of the shoulder bone. Measure around elbow (as shown) to the Wrist bone. NOTE: A slight bend of elbow as shown - you can rest hand on upper thigh, parallel to groin (see page 4 for more info)


$$
\text { 2. Waist (Navel) }=77 \mathrm{~cm}
$$ With Back Protector $=81 \mathrm{~cm}$

3. $\mathrm{Neck}=37 \mathrm{~cm}$
4. Full outer arm length (Shoulder to wrist bone) $=63 \mathrm{~cm}$

5. Shoulder to elbow $=35 \mathrm{~cm}$

NOTE: Keep your finger at the finishing elbow point (for next measurement)


Please tie a shoelace/ belt around waist to get the point of reference for following measurement (Point 12). Or, if you have nothing to use, you can set your pants waistband at navel height (just make sure the waistband is straight and doesn't fall down)
*Mass Sports and Mass Sports UK are not responsible for you providing us with the wrong measurements and there will be no refunds/warranty claims issued if such occurrence arises.

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Point 13: Follow curve of body. You can pull tape tight then slacken and have two fingers between tape and


17. $\mathrm{Knee}=38 \mathrm{~cm}$

Flex Knee 90 Degrees before taking measure

18. Calf $=36 \mathrm{~cm}$ Measure around largest part
 your leg 5 cm above bone centre of ankle bone (will be used later)


| Mass Sports UK by GR www.masssportsuk.com masssportsuk@gmail.com <br> RECORDING SHEET 1 |  |  |
| :---: | :---: | :---: |
| Measuring Data: | Measure: (without back protector) | With Back Protector (empty boxes only) |
| Rider Name: | X | X |
| Height/ Size in CM: From base of neck at BACK to 5 cm above ankle bone (total length of the leather suit) |  | X |
| Weight in kg: |  | X |
| 1. Chest $=\mathrm{cm}$ Chest |  |  |
| 2. Waistline $($ Navel $)=\mathrm{cm}$ |  |  |
| 3. Neck $=\mathrm{cm}$ Neck-2 fingers slack |  | X |
| 4. Complete Outer Sleeve (Shoulder Bone to Start of Wrist Bone) $=\mathrm{cm}$ Complete outside sleeve length - Measure to wrist bone |  | X |
| 5. Shoulder Bone to Centre Elbow $=\mathrm{cm}$ Shoulder to elbow |  | X |
| 6. Elbow to Wrist = cm <br> Centre elbow to wrist bone - Measure to wrist bone |  | X |
| $\begin{aligned} & \text { 7. } \text { Bicep }=\text { cm } \\ & \text { Biceps } \end{aligned}$ |  | X |
| $\begin{aligned} & \text { 8. Forearm }=\mathrm{cm} \\ & \text { Forearm } \end{aligned}$ |  | X |
| 9. Wrist $=\mathrm{cm}$ <br> Wrist - with one finger slack |  | X |
| 10. Shoulder to Shoulder $=\mathrm{cm}$ <br> Shoulder bone to shoulder bone - slight bend in tape |  | X |
| 11. Front, Base of Neck to Navel $=\mathrm{cm}$ <br> Base of Neck (between collar bones) to Navel (centre belly button) |  | X |
| 12. Back, Base of Neck to Waistline (Navel) $=\mathrm{cm}$ <br> Upper neck bone to Navel heigh/ waistline (at back) - FOLLOWING BODY CURVE (touching skin) |  |  |
| 13. Front of Neck through Crotch to Back of Neck $=\mathrm{cm}$ <br> From neck through crotch to back of neck (two fingers slack at crotch) |  |  |
| 13A. Navel through Crotch to Navel Height Back $=\mathrm{cm}$ <br> Make to have a level line from front Navel to back, same 2 finger slack |  |  |
| 14. Hips (Thickest Part) $=\mathrm{cm}$ <br> Hips/ Bum Biggest Part - 1finger slack |  | X |

Knee Flexed at 90 degrees - FLEXED 90DEGREES
18. Calf $=\mathrm{cm}$

Calf
19. Ankle $=\mathrm{cm}$

X
5 cm above ankle bone
20. Inseam $=\mathrm{cm}$

Inseam, touching crotch to 5 cm above ankle bone
21. Waistline (Navel) to Centre of Knee Cap $=\mathrm{cm}$

X
Waistline to centre of knee
22. Knee to Ankle $=\mathrm{cm}$

X
Centre of outside knee to 5 cm above ankle bone
23. Waistline (Navel) to Ankle $=\mathrm{cm}$

Side of leg, Navel height to 5 cm above ankle bone - MEASURE SIDE OF LEG, TAPE STRAIGHT DOWN

## Riders Signature

## Date




| Ladies ONLY Measurements <br> Follow the instructions carefully. | without back <br> protector | with back <br> protector |
| :--- | :---: | :---: |
| 24. Shoulder Circumference $=\mathrm{cm}$ <br> From top of shoulder, under armpit and back <br> to top of shoulder |  | X |
| 25. Chest circumference $=\mathrm{cm}$ <br> Tape should be directly under armpits |  |  |
| 26. Bust $=\mathrm{cm}$ <br> Measure circumference at nipple height <br> (fullest part of chest) |  |  |
| 27. Mid waist $=$ cm <br> Measure circumference at half way point <br> between the bottom of breast and belly <br> button |  |  |
| 28. Waist (navel) $=$ cm <br> Measure circumference at navel (belly <br> button) |  |  |

## Riders Contact \& <br> Shipping Information

## Name

$\square$
Phone Number
$\square$
Email
$\square$

## Address

$\square$

City
$\square$

Postcode
$\square$

## Riders Signature

$\square$
Date

By completing this Order Form, you are confirming your order and are agreeing to our Terms \& Conditions and Privacy Policy set out on our website - https://www.masssportsuk.com/terms

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